

BONDING GROUP AND COUNTRYSIDE IN ITALY

Ostra (AN) – 15-21 June 2026

Participating in a **Bonding Process workshop** provides an opportunity to share our emotions with others, building a new sense of belonging and connection with life and humanity.

Participants can do this while staying in the Country House **La Ragola**, experiencing the beauty of Italy. The smooth hills of the Marche region are surrounded on one side by the Adriatic sea with sandy beaches and crystal water and, on the other side, by the Appennini mountain range. Here you can immerse yourself in the Italian culture, visiting castles built in the Middle Ages and savouring the Italian cuisine.

Workshop

- €50 to pay in advance to reserve a place
- +€100 for Bonding workshop, including the EM workshop

Cost of participation

- WEEK-END: €70 x day half-pension; €110 x day full-pension
- WHOLE WEEK: €60 x day half-pension; €90 x day full-pension (same price of 2023)





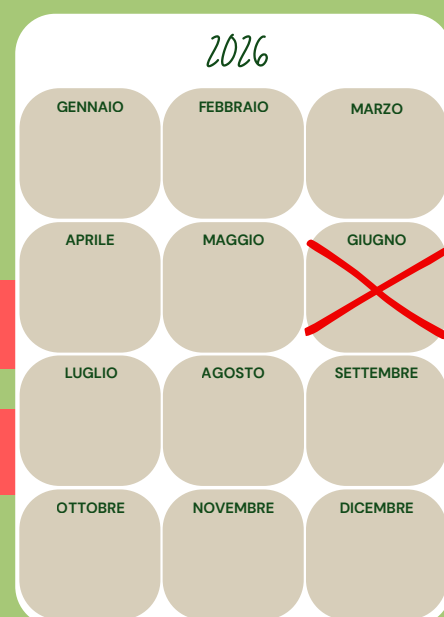
Meet the host

LORENZO BROCCHINI

For further information contact Lorenzo Brocchini at the number **+39 3917177600** (no calls) or by e-mail at **gruppi.broc@gmail.com**

& save the date!

MEETING SCHEDULE



ORGANIZATION

Group members can either:

- Arrive as early as Monday, 15 June and depart on Sunday, 21 June;
- Or stay only for the weekend from Friday, 19 June to Sunday, 21 June, after the conclusion of the workshop.

Time outside the workshops during the week will be available for relaxation or for independently exploring the surrounding area.

The **Expressive Movement Workshop** will take place on Friday the 19th, from 6:00 to 7:30 p.m., in the garden of Lorenzo's house. The **BP Workshops** are scheduled for Saturday the 20th (9:00 a.m.–1:00 p.m. and 2:30–6:30 p.m.) and Sunday the 21st (9:00 a.m.–1:00 p.m. and 2:30–5:00 p.m.).